














JANUARY 26 - APRIL 29 | SPRING 2026 GROUP EXERCISE









MONDAY	TUESDAY	WEDNESDAY	THURSDAY
 6:15-7:15 AM BODYPUMP™ J.C. LAKESIDE	 6:15-7:15 AM CYCLE 60 MICHELE H. CYCLE STUDIO	 6:15-7:15 AM BODYPUMP™ J.C. LAKESIDE	 8:00-9:00 AM YOGA SCULPT AVA N. RIVERSIDE
 7:00-7:45 AM YOGALATES TONKA Z. DIBOLL	 7:30-8:15 AM STRENGTH 45 BRUCE C. LAKESIDE	 8:00-9:00 AM YOGALATES BECCA F. DIBOLL	 12:00-1:00 PM YOGA ALYSSA S. DIBOLL
 8:00-8:45 AM BODYPUMP EXPRESS MARIA V. LAKESIDE	 7:30-8:15 AM CYCLE 45 ALLIE S. CYCLE STUDIO	 9:00-9:45 AM CYCLE 45 ERIN T. CYCLE STUDIO	 12:15-1:15 PM UPPER BODY STRENGTH TONKA Z. RIVERSIDE
 9:00-9:45 AM CYCLE 45 ERIN T. CYCLE STUDIO	 8:00-9:00 AM VINYASA YOGA LILY H. DIBOLL	 12:00-12:45 PM BODYPUMP™ EXPRESS MARIA V. LAKESIDE	 1:15-2:15 PM ZUMBA SHAYRA B. LAKESIDE
 12:00-12:45 PM BODYPUMP™ Express J.C. LAKESIDE	 8:30-9:30 AM BODYPUMP™ J.C. LAKESIDE	 12:00-1:00 PM BARRE ADELAIDE K. RIVERSIDE	 4:00-4:45 PM CYCLE 45 TONKA Z. CYCLE STUDIO
 12:00-1:00 PM YOGA ADELAIDE K. DIBOLL	 12:00-12:45 PM PILATES/BARRE FUSION BECCA F. DIBOLL	 12:00-1:00 PM PILATES SCULPT CHARLOTTE S. DIBOLL	 4:00-4:45 PM POWER YOGA EXPRESS SOPHIA A. DIBOLL
 4:00-4:45 PM CYCLE 45 JEFF S. CYCLE STUDIO	 12:15-1:15 PM LOWER BODY STRENGTH TONKA Z. RIVERSIDE	 4:00-4:45 PM TABATA DELLA T. LAKESIDE	 4:30-5:15 PM BODYPUMP™ EXPRESS BECCA D. LAKESIDE
 4:00-5:00 PM BARRE ABIGAIL S. RIVERSIDE	 4:00-4:45 PM POWER YOGA ALYSSA S. DIBOLL	 4:00-4:45 PM PILATES SCULPT EXPRESS ALLEGRA G. RIVERSIDE	 4:30-5:15 PM PILATES/HIIT 45 FUSION NADIA S. RIVERSIDE
 4:00-4:45 PM BEGINNERS BELLY DANCE KARLA MARIE C. DIBOLL	 4:00-4:45 PM CYCLE 45 TONKA Z. CYCLE STUDIO	 4:00-5:00 PM ADULT BALLET BASICS ABIGAIL S. DIBOLL	 5:00-5:45 PM CYCLE 45 VICTORIA Z. CYCLE STUDIO
 4:30-5:00 PM CORE 30 CHARLOTTE S. LAKESIDE	 4:00-5:00 PM YOGA SCULPT AVA N. RIVERSIDE	 4:30-5:15 PM CYCLE 45 ALLIE S. CYCLE STUDIO	 5:00-6:00 PM VINYASA YOGA LILY H. DIBOLL
 5:00-5:45 PM MAT PILATES LOUIS K. DIBOLL	 4:30-5:00 PM CORE 30 CHARLOTTE S. LAKESIDE	 5:00-6:00 PM LATIN FUSION DANCE KARLA MARIE RIVERSIDE	 6:00-6:45 PM PILATES SCULPT CANDIS J. RIVERSIDE
 5:15-5:45 PM BARRE 30 JO ANNE K. RIVERSIDE	 5:00-6:00 PM ADULT BALLET BASICS ALYSSA S. DIBOLL	 5:00-5:45 PM MAT PILATES LOUIS K. DIBOLL	 6:15-7:30 PM CYCLE 45 ELLIE P. CYCLE STUDIO
 5:30-6:15 PM CYCLE 45 ROTATING CYCLE STUDIO	 5:15-6:00 PM ABS, BUNS & THIGHS BECCA F. RIVERSIDE	 5:30-6:15 PM CYCLE 45 IZZY G. CYCLE STUDIO	 6:15-7:15 PM RESTORATIVE YOGA ANNIE C. DIBOLL
 5:30-6:15 PM HIIT 45 DELLA T. LAKESIDE	 6:00-6:45 PM CYCLE 45 KATHLEEN G. CYCLE STUDIO	 5:30-6:30 PM BODYPUMP™ BECCA D. LAKESIDE	 6:30-7:30 PM ZUMBA MARK M. LAKESIDE
 6:00-7:00 PM YOGA LOUIS K. DIBOLL	 6:30-7:30 PM VINYASA FLOW REAGAN C. DIBOLL	 6:00-7:00 PM YOGA LOUIS K. DIBOLL	
 6:00-7:00 PM PILATES SCULPT LILY O. RIVERSIDE	 6:45-7:45 PM BODYPUMP™ MELISSA L. LAKESIDE	 6:15-7:15 PM BARRE ABIGAIL S. RIVERSIDE	
 6:30-7:15 PM CYCLE 45 ALEXA M. CYCLE STUDIO	 7:00-7:45 PM CYCLE 45 VICTORIA Z. CYCLE STUDIO	 6:30-7:30 PM RHYTHM & RIDE LINDSAY B. CYCLE STUDIO	
 6:30-7:30 PM BODYPUMP™ J.C. LAKESIDE	 7:45-8:45 PM VXN MERCEDES T. RIVERSIDE	 6:45-7:30 PM HIIT 45 MELISSA L. LAKESIDE	
 7:15-8:00 PM PILATES SCULPT EXPRESS ALLEGRA G. RIVERSIDE			

FRIDAY
 6:15-7:15 AM BODYPUMP™ J.C. LAKESIDE
 7:00-7:30 AM CYCLE 30 TONKA Z. CYCLE STUDIO
 7:30-8:15 AM STRENGTH 45 KAM S. LAKESIDE
 8:00-9:00 AM YOGA TONKA Z. DIBOLL
 8:30-9:30 AM HIIT & GRIT™ KAM S. LAKESIDE
 10-11 AM SLOW FLOW YOGA KEVA VICTORIA M. DIBOLL
 12:00-12:45 PM J.C. LAKESIDE BODYCOMBAT™ Express
 12:00-1:00 PM MAT PILATES BECCA F. DIBOLL
 4:00-4:45 PM BARRE 45 JO ANNE K. RIVERSIDE
 4-5:00 PM MORGAN B. DIBOLL STRONG YOGA+STRONG VIBES
 5:00-6:00 PM PILATES SCULPT LILY O. RIVERSIDE
 5:15-6 PM ADELAIDE K. DIBOLL SUNSET SOUNDBATH
 7:00-8:00 PM FIT YOGA TONKA Z. RIVERSIDE

SATURDAY
 9-9:45 AM ABS, BUNS, THIGHS TONKA Z. RIVERSIDE
 9:00-10:00 AM RPM™ TIM D. CYCLE STUDIO
 9-9:45 AM GENTLE YOGA MORGAN B. DIBOLL
 10-10:45 AM STRENGTH 45 KAM S. LAKESIDE
 10-11:15 AM ASHTANGA YOGA ANNIE C. DIBOLL INTERMEDIATE
 11:00-11:45 AM HIIT & GRIT™ KAM S. LAKESIDE
 12:00-12:45 PM HIIT 45 DELLA T. LAKESIDE
 12-1:00 PM PILATES SCULPT LILY O. DIBOLL

ALL CLASSES ARE INCLUDED W/ MEMBERSHIP!

CREATE A FREE ACCOUNT TO RESERVE A CYCLE BIKE & SIGN UP FOR CLASSES THROUGH [IMLEAGUES.COM/TULANE](https://imleagues.com/tulane)

SUNDAY	SUNDAY
 11:00-12:00 PM BODYPUMP™ J.C. LAKESIDE	 3:00-4:00 PM SAMBASIZE CAROLYN B. RIVERSIDE
 11-11:45 AM MAT PILATES EXPRESS OLYA T. DIBOLL	 5-6 PM MELISSA L. RIVERSIDE ATHLETIC CONDITIONING
 12-1:00 PM RHYTHM & RIDE LINDSAY B. CYCLE STUDIO	 5-6 PM VINYASA YOGA SOPHIA A. DIBOLL
 12-1 PM ADULT BALLET BASICS OLYA T. DIBOLL	 6:00-7:00 PM ZUMBA MARK M. LAKESIDE

CLASS TIMES AND DATES ARE SUBJECT TO CHANGE. CHECK OUR WEBSITE FOR UPDATES!



TULANE UNIVERSITY
Campus Recreation

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CYCLE STUDIO



JANUARY 26 - APRIL 29 | SPRING 2026 GROUP EXERCISE

MONDAY

9:00-9:45 AM | CYCLE 45 | ERIN T.

4:00-4:45 PM | CYCLE 45 | JEFF S.

5:30-6:15 PM | CYCLE 45 | ROTATING INSTRUCTORS

6:30-7:15 PM | CYCLE 45 | ALEXA M.

TUESDAY

6:15-7:15 AM | CYCLE 60 | MICHELE H.

7:30-8:15 AM | CYCLE 45 | ALLIE S.

4:00-4:45 PM | CYCLE 45 | TONKA Z.

6:00-6:45 PM | CYCLE 45 | KATHLEEN G.

7:00-7:45 PM | CYCLE 45 | VICTORIA Z.

WEDNESDAY

9:00-9:45 AM | CYCLE 45 | ERIN T.

4:30-5:15 PM | CYCLE 45 | ALLIE S.

5:30-6:15 PM | CYCLE 45 | IZZY G.

6:30-7:30 PM | RHYTHM & RIDE | LINDSAY B.

THURSDAY

4:00-4:45 PM | CYCLE 45 | TONKA Z.

5:00-5:45 PM | CYCLE 45 | VICTORIA Z.

6:15-7:00 PM | CYCLE 45 | ELLIE P.

FRIDAY

7:00-7:30 AM | CYCLE 30 | TONKA Z.

SATURDAY

9:00-10:00 AM | RPM™ WITH TIM D.

SUNDAY

12:00-1:00 PM | RHYTHM & RIDE | LINDSAY B.

**ALL CLASSES
ARE INCLUDED W/
MEMBERSHIP!**

**CREATE AN ACCOUNT TO
RESERVE A CYCLE BIKE
THROUGH
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GROUP EX TIP: STAY HYDRATED!

DRINK PLENTY OF WATER BEFORE AND AFTER EXERCISE. BE SURE TO BRING YOUR WATER BOTTLE TO CLASS.

**CLASS TIMES AND DATES
ARE SUBJECT TO CHANGE
AFTER THE FIRST 2 WEEKS
OF CLASSES. CHECK OUR
WEBSITE FOR UPDATES!**

CYCLING STUDIO TIPS:

- Bring a small towel and water bottle
- Store bags and personal items in daily-use lockers outside the studio.
- Wipe equipment after class.
- Bikes can accommodate hard-soled gym shoes and SPD cleats only.
- Drinks other than water are not allowed in the Cycling Studio.

**CLASS TIMES AND
DATES SUBJECT TO
CHANGE. SCAN TO
SIGN UP FOR EMAIL
ALERTS:**





LAKESIDE STUDIO



JANUARY 26 - APRIL 29 | SPRING 2026 GROUP EXERCISE

MONDAY

6:15-7:15 AM | BODYPUMP™ | J.C.

8:00-8:45 AM | BODYPUMP™ Express | MARIA V.

12:00-12:45 PM | BODYPUMP™ Express | J.C.

4:30-5:00 PM | CORE 30 | CHARLOTTE S.

5:30-6:15 PM | HIIT 45 | DELLA T.

6:30-7:30 PM | BODYPUMP™ | J.C.

TUESDAY

7:30-8:15 AM | STRENGTH 45 | BRUCE C.

8:30-9:30 AM | BODYPUMP™ | J.C.

4:30-5:00 PM | CORE 30 | CHARLOTTE S.

6:45-7:45 PM | BODYPUMP™ | MELISSA L.

WEDNESDAY

6:15-7:15 AM | BODYPUMP™ | J.C.

12:00-12:45 PM | BODYPUMP™ EXPRESS | MARIA V.

4:00-4:45 PM | TABATA | DELLA T.

5:30-6:30 PM | BODYPUMP™ | BECCA D.

6:45-7:45 PM | HIIT 45 | MELISSA L.

THURSDAY

1:15-2:15 PM | ZUMBA | SHAYRA B.

4:30-5:15 PM | BODYPUMP™ EXPRESS | BECCA D.

6:30-7:30 PM | ZUMBA | MARK M.

FRIDAY

6:15-7:15 AM | BODYPUMP™ | J.C.

7:30-8:15 AM | STRENGTH 45 | KAM S.

8:30-9:30 AM | HIIT & GRIT™ | KAM S.

12:00-12:45 PM | BODYCOMBAT™ EXPRESS | J.C.

SATURDAY

10:00-10:45 AM | STRENGTH 45 | KAM S.

11:00-11:45 AM | HIIT & GRIT™ | KAM S.

12:00-12:45 PM | HIIT 45 | DELLA T.

SUNDAY

11:00-12:00 PM | BODYPUMP™ | J.C.

6:00-7:00 PM | ZUMBA | MARK M.

**CREATE A FREE ACCOUNT TO SIGN UP FOR
CLASSES THROUGH
[IMLEAGUES.COM/TULANE](https://imleagues.com/tulane)**

LAKESIDE STUDIO TIPS:

- Store bags and personal items in daily-use lockers outside the studio.
- Mats and other equipment can be found in the studio and in the closet.
- Wipe and return all equipment after class.

CLASS TYPES:



HIGH INTENSITY



DANCE



MIND/BODY

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RIVERSIDE STUDIO

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MONDAY

4:00–5:00 PM | BARRE | ABIGAIL S.

5:15–5:45 PM | BARRE 30 | JO ANNE K.

6:00–7:00 PM | PILATES SCULPT | LILY O.

7:15–8:00 PM | PILATES SCULPT EXPRESS | ALLEGRA G.

TUESDAY

12:15–1:15 PM | LOWER BODY STRENGTH | TONKA Z.

4:00–5:00 PM | YOGA SCULPT | AVA N.

5:15–6:00 PM | ABS, BUNS & THIGHS | BECCA F.

7:45–8:45 PM | VXN DANCE | MERCEDES T.

WEDNESDAY

12:00–1:00 PM | BARRE | ADELAIDE K.

4:00–4:45 PM | PILATES SCULPT EXPRESS | ALLEGRA G.

5:00–6:00 PM | LATIN FUSION DANCE | KARLA MARIE C.

6:15–7:15 PM | BARRE | ABIGAIL S.

THURSDAY

8:00–9:00 AM | YOGA SCULPT | AVA N.

12:15–1:15 PM | UPPER BODY STRENGTH | TONKA Z.

4:30–5:15 PM | PILATES/HIIT 45 FUSION | NADIA S.

6:00–6:45 PM | PILATES SCULPT EXPRESS | CANDIS J.

SATURDAY

4:00–4:45 PM | BARRE 45 | JO ANNE K.

5:00–6:00 PM | PILATES SCULPT | LILY O.

7:00–8:00 PM | FIT YOGA | TONKA Z.

SATURDAY

9:00–9:45 AM | ABS, BUNS & THIGHS | TONKA Z.

SUNDAY

3:00–4:00 PM | SAMBASIZE | CAROLYN B.

5:00–6:00 PM | ATHLETIC CONDITIONING | MELISSA L.

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GROUP EX TIP: STAY HYDRATED!

DRINK PLENTY OF WATER BEFORE AND AFTER
EXERCISE. BE SURE TO BRING YOUR WATER
BOTTLE TO CLASS.

RIVERSIDE STUDIO TIPS:

- Store bags and personal items in daily-use lockers outside the studio.
- Mats and other equipment can be found in the studio and in the closet.
- Wipe and return all equipment after class.

CLASS TYPES:



HIGH INTENSITY



DANCE



MIND/BODY



BARRE

CLASS TIMES AND
DATES SUBJECT TO
CHANGE. SCAN TO
SIGN UP FOR EMAIL
ALERTS:





JANUARY 26 - APRIL 29 | SPRING 2026 GROUP EXERCISE

MONDAY

7:00-7:45 AM | YOGALATES | TONKA Z.

12:00-1:00 PM | YOGA | ADELAIDE K.

4-4:45 PM | BEGINNERS BELLY DANCE | KARLA MARIE C.

5:00-5:45 PM | MAT PILATES | LOUIS K.

6:00-7:00 PM | YOGA | LOUIS K.

TUESDAY

8:00-9:00 AM | VINYASA YOGA | LILY H.

12:00-12:45 PM | PILATES/BARRE FUSION | BECCA F.

4:00-4:45 PM | POWER YOGA | ALYSSA S.

5:00-6:00 PM | ADULT BALLET BASICS | ALYSSA S.

6:30-7:30 PM | VINYASA YOGA | REAGAN C.

WEDNESDAY

8:00-9:00 AM | YOGALATES | BECCA F.

12:00-1:00 PM | PILATES SCULPT | CHARLOTTE S.

4:00-5:00 PM | ADULT BALLET BASICS | ABIGAIL S.

5:00-5:45 PM | PILATES | LOUIS K.

6:00-7:00 PM | YOGA | LOUIS K.

THURSDAY

12:00-1:00 PM | YOGA | ALYSSA S.

4:00-4:45 PM | POWER YOGA EXPRESS | SOPHIA A.

5:00-6:00 PM | VINYASA YOGA | LILY H.

6:15-7:15 PM | RESTORATIVE YOGA | ANNIE C.

FRIDAY

8:00-9:00 AM | YOGA | TONKA Z.

10-11 AM | SLOW FLOW YOGA | KEVA VICTORIA M.

12:00-1:00 PM | MAT PILATES | BECCA F.

4:00-5:00 PM | STRONG YOGA+STRONG VIBES | MORGAN

5:15-6:00 PM | SUNSET SOUNDBATH | ADELAIDE K.

SATURDAY

9:00-9:45 AM | GENTLE FLOW YOGA | MORGAN B.

10:00-11:15 AM | ASHTANGA YOGA | ANNIE C.
*INTERMEDIATE LEVEL

12:00-1:00 PM | PILATES SCULPT | LILY O.

SUNDAY

11-11:45 AM | MAT PILATES EXPRESS | OLYA T.

12:00-1:00 PM | ADULT BALLET BASICS | OLYA T.

5:00-6:00 PM | VINYASA YOGA | SOPHIA A.

CREATE A FREE ACCOUNT TO SIGN UP FOR
CLASSES THROUGH
[IMLEAGUES.COM/TULANE](https://imleagues.com/tulane)

DIBOLL STUDIO TIPS:

- Store shoes, bags, and personal items in the shelves next to the studio entrances.
- Mats and equipment can be found in the closet.
- Wipe and return all equipment after class.
- Grippy socks are welcome and help prevent slipping during class.

CLASS TYPES:



MIND/BODY



BARRE



DANCE

CLASS TIMES AND
DATES SUBJECT TO
CHANGE. SCAN TO
SIGN UP FOR EMAIL
ALERTS:



CLASS DESCRIPTIONS

STRENGTH AND DEVELOPMENT: This dynamic weight training class is designed to help you build strength, enhance muscle development, and improve overall fitness. Through a combination of targeted exercises, proper technique, and progressive resistance, you'll work towards increasing your power and endurance. Each session provides personalized coaching and challenging workouts that emphasize correct form, muscle activation, and gradual progression.

Strength 45: A fast-paced, 45-minute strength training class designed to challenge your muscles and boost your metabolism. Using a combination of free weights, resistance bands, and bodyweight exercises, this class targets all major muscle groups to improve endurance, tone, and functional fitness. Suitable for all fitness levels, modifications and progressions ensure everyone gets a great workout.

CORE 30: Focus on strengthening abdominal, chest, and back muscles to support a healthy posture, increase stability and promote balance. Take this 30-minute class on its own or pair it with another class.

BODYPUMP™: The original Les Mills barbell class that will sculpt, tone, and strengthen your entire body by combining low weight loads with high repetition movements. Express class is 45 minutes.

GRIT™: LES MILLS GRIT™ the best high-intensity interval training (HIIT) workout, scientifically designed to get results fast through athletic training. LES MILLS GRIT comes in three varieties; GRIT Cardio, GRIT Strength and GRIT Athletic.

BODYCOMBAT™: A high-energy martial arts-inspired workout that is totally non-contact. Beat stress as you kick and punch your way to fitness. Express class is 45-minutes.

ATHLETIC CONDITIONING: Use this class to train like an athlete with dynamic drills, games, and exercises to get to the next level of your fitness goals.

PILATES SCULPT, YOGA SCULPT, HIIT/BARRE FUSION: These dynamic classes combine the core-strengthening and flexibility benefits of Pilates with the fat-burning power of high-intensity interval training (HIIT or Barre). You'll alternate between low-impact Pilates and Yoga exercises to sculpt and tone and bursts of high-energy cardio to elevate your heart rate.

YOGA: These classes focus on creating a mind and body connection through intentional movement and breathwork. Practicing yoga can promote relaxation, increase flexibility and balance, and improve core strength and stability. Classes below are listed in order of light intensity to higher intensity.

► **Ashtanga Yoga:** Ashtanga is an energetic style of yoga that focuses on synchronizing breath to movement while following a series of poses. Class will be taught at an **intermediate** level.

► **Vinyasa Flow:** Connect your mind and body by linking breath to pose as you transition through sequences.

► **Gentle Flow:** A calming yoga class designed to soothe the body and mind. This class emphasizes slow, intentional movements and mindful breathing as you flow through gentle stretches and foundational poses.

► **Power Hour (Strong Yoga/Power Flow):** A vigorous asana practice that focuses on strength and flexibility.

Feel Good Flow: Flex and stretch your body in this 45-minute Vinyasa yoga class. This class will relax and strengthen your mind and body, and you will leave grounded and energized!

► **Stability and Yoga:** A yoga practice that focuses on breathing, stretching, flexibility, and stability with our stability balls.

MAT PILATES: This all-levels class may utilize equipment like rings, blocks, and rollers in addition to your own body. Mat work exercises are the fundamental exercises of Pilates and will improve core strength, flexibility, balance, and posture.

BARRE AND PILATES FUSION: This class blends ballet and balance elements of barre and core strengthening aspects of Pilates to create a well-rounded movement session.

SUNSET SOUND BATH: Join Adelaide from House of Skye Yoga for a healing and relaxing sound bath session. Listen to the frequencies of crystal sound bowls as you prepare for rest and mindfulness. Please enter the space as quietly as possible. Yoga blankets, blocks and mats will be provided in the Diboll Studio.

Cycle classes have a maximum of 16 riders. **Register in advance on [IMLeagues.com/tulane](https://www.imleagues.com/tulane).**

CYCLE 30, 45 & 60: Elevate your heart rate and explore an expanded terrain using resistance, cadence, and power as your guide in 30, 45 or 60 minute rides.

RPM™: With great music pumping and the group spinning as one, your instructor takes you on a journey of hill climbs, sprints and flat riding. You can draw on the group's energy and find your rhythm in the music. You control your own resistance levels and speed so you can build up your fitness level over time. It's a journey, not a race!

RHYTHM & RIDE: An immersive workout experience that feels like a dance party on a bike. Designed for all fitness levels, this class focuses on building endurance, strength, and rhythm through a mix of climbs, sprints, and choreography synced to the music.

SAMBASIZE : Samba is an infectious, high-energy dance with lots of foot, leg, and hip work done to the pulsating sounds of the drum. The movements address all levels of fitness: cardio, muscle conditioning, balance, flexibility and coordination all while having fun!

BELLY DANCE AND LATIN FUSION DANCE : Join Karla Marie of Studio Shakti for a cultural dive into either Egypt or Latin rhythms through beginner friendly techniques and dance moves! Prepare to dance in comfortable yoga/athletic wear and barefoot.

VXN(VIXEN WORKOUT): A cardio dance class inspired by the stage. With the lights off and colorful lighting on, the class will complete intense muscle toning movements hidden by clever choreography set to hip-hop and other popular songs.

ZUMBA® : Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise.

ADULT BALLET BASICS : All experience levels welcome! Enjoy moving your body and learning a wide range of ballet techniques and exercises.



TULANE UNIVERSITY
Campus Recreation

SCAN FOR
THE DIGITAL
VERSION
OF THE
SCHEDULE

