

## Fall 2026 FitPro Mentorship Program Information and Requirements

Info Session & Mentor Meet & Greet: **Thursday, August 27<sup>th</sup> at 7pm**

<https://tulane.zoom.us/j/95524200473>

### **Deadlines:**

Fit Pro Mentorship Application Open: **Monday, August 10<sup>th</sup>**

Fit Pro Mentorship Application Due: **Friday, September 4<sup>th</sup>**

Proof of Receipt for Certification Program: **Friday, September 18<sup>th</sup>**

Mentors Assigned: **Friday, September 25<sup>th</sup>**

### Certification Deadline Priority:

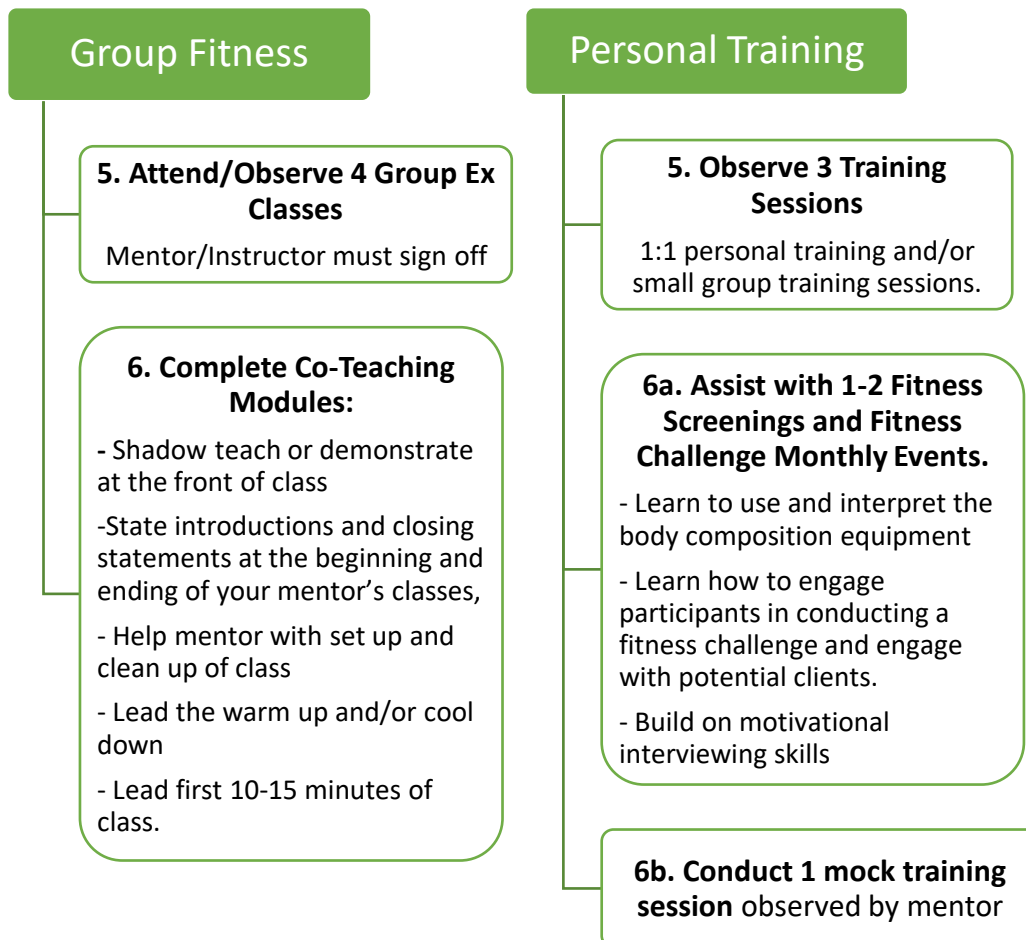
- December 6<sup>th</sup> (to teach/train in the spring) \*must complete hire paperwork and i-9 verification before you leave for Winter Break.

### Certification Deadline General:

- January 13<sup>th</sup> (to sub in the spring) \*can start subbing when Hire Paperwork and i-9 verification is processed.

### **Action Items**

1. Complete an [FPCT Application](#)
2. Select a certification program (See below for upcoming certifications; our preferred certification organization is ACE (American Council on Exercise))
3. Attend info session for Thursday, August 27<sup>th</sup> at 7pm via Zoom (see link above)
4. Send receipt of enrollment in program to make an official confirmation of participation in the program and request for a mentor.



**7. Attend at least 1 GX or PT monthly staff in-service meeting.** It is important as a future employee of the fitness staff to gain familiarity with what happens during our monthly meetings. You are expected to come to one meeting to observe and participate as much as possible.

**8. Certification.** Submit a copy of your certificates once completed. This includes a copy of your fitness certification and your CPR certification.

8a. **Get CPR Certified.** If needed, as a future trainer or instructor with the Campus Recreation department, you can register for any of our upcoming CPR/AED in-person certification workshops! Register for a free CPR/First Aid for the Professional Rescuer we offer to employees here at the Reily Center. (This step can be done at any point during the FPCT program).

**9. Audition.**

- a. Personal Trainers will perform a mock training session with the Assistant Director in observance. A mock client will be assigned.
- b. Group Fitness Instructors will perform a 20-minute class demo to the fitness coordinator (and your mentor if possible).

**10. Complete hire paperwork**

- you will need **original documents**: either passport or birth certificate or SS Card along with Driver's License.

**Upcoming Certifications:**

ACE Personal Trainer: Self-study/Online study [acefitness.org](http://acefitness.org)

ACE Group Fitness Instructor: Self-study/Online study: [acefitness.org](http://acefitness.org)

\*Email [fitness@tulane.edu](mailto:fitness@tulane.edu) for 30% off ACE study materials and packages.